

# COLISEUM HEALTH SYSTEMS Georgia Rock N Roll Man Swim Courses



SANDY BEACH RECREATION AREA

BIKE IN/OUT

Transition Area

FINISH

SWIM IN

RUN OUT

ONE LAP = 1.2 MILES

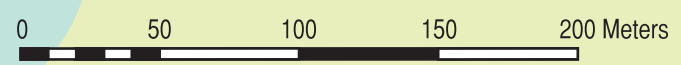
500 m Sprint Course

200 yard Mini Course

Lake Tobesofkee

**LEGEND**

- Run Route
- Bike Route
- Swim Route
- Swim Buoys
- Aid Station



Map by Eureka Cartography, Berkeley, CA